

This two-part online program is tailored for medical practitioners who wish to gain a better understanding of nutrition in order to improve patient outcomes. The program explores the role of therapeutic diets in the treatment of chronic illnesses and other nutritional disorders, highlighting the principles of the nutrition care process as applicable in a primary care setting. You will learn key nutrition assessment techniques and intervention strategies that will assist you in providing comprehensive health care to your patients.

Professional Certificate

- How to use Australian and international dietary guidelines to guide treatment
- Busting nutrition myths and fads: Superfoods, paleo, organic & popular diets
- Sports nutrition for high performance
- Nutrition for fertility, pregnancy & lactation
- Childhood nutrition
- Food allergies and intolerances
- Gut microbiome: Pre- and pro-biotic treatments
- Ageing, medication & nutrition management
- Malnutrition in the older adult

Advanced Certificate

- Chronic disease and diets: Med, MIND, vegetarian, high protein, low GI
- Patient-centred weight management
- Diet and depression
- Eating disorders including anorexia and bulimia
- Nutrition in gastrointestinal health
- Motivational behaviour change
- Are carbs the enemy? Understanding nutritional needs for patients with diabetes
- Latest trends in cardiovascular nutrition
- Nutrition in chronic kidney disease

COURSE DELIVERY AND REQUIREMENTS

Each certificate in the two-part pathway is a fully online course consisting of eight modules. Enjoy the flexibility to start your online studies any time and complete the course at your own pace. Suitable for GPs and International Medical Graduates. No prior knowledge is assumed for the Professional Certificate.

CERTIFICATION

Upon successful completion, receive a HealthCert certificate and accredited CPD hours.

FEES AND PAYMENT OPTIONS

One Course Only
\$1595

Two-Course Bundle
\$3010

Bundle pricing with purchases of two courses in a pathway. Further savings available for GP Registrars. Deferred payments available.



SECURE YOUR PLACE AT WWW.HEALTHCERT.COM/MEDNUT