

# ONLINE CERTIFICATE COURSES IN MENTAL HEALTH

**START ONLINE ANYTIME**



1 in 5 Australians reported that they had a mental or behavioural condition during August 2020 to June 2021, and the National Health Priority Areas lists mental health as the fifth priority. General practice plays a central role in the provision of mental health care in Australia. Easily accessed without referral, people in distress frequently turn to a general practice team for help. People talk to their GP about mental health more than any other issue and the majority of mental health services in Australia are delivered by GPs. As they are usually the first point of contact for patients with mental health issues, it is critical for GPs to be adequately trained.

The online Certificate Courses in Mental Health equip practitioners with the skills to provide evidence-based, patient-centred care to people living with a mental illness. The courses introduce skills and techniques to detect, assess and review patients with mental health issues, enabling practitioners to improve patient outcomes, identify and treat mental health issues and to work collaboratively with other professionals in the field.

## PROFESSIONAL CERTIFICATE OF MENTAL HEALTH

- Detection, assessment & review of mental health issues
- Depression
- Anxiety
- Bipolar disorder
- Anorexia and bulimia
- PTSD: Anxiety, flashbacks & recurrent distress
- Domestic abuse
- Depression in the elderly

## MENTAL HEALTH SKILLS TRAINING: CORE MODULE

- Detecting, assessing & treating mental health issues
- Mental health interviews
- Developing GP mental health treatment plans
- Providing ongoing mental health care
- Identifying services & resources to safeguard patient safety
- Using appropriate MBS item numbers relating to provision of mental health care within the context of general practice

## CLINICAL ENHANCEMENT MODULE OF MENTAL HEALTH SKILLS TRAINING: PTSD - TRAUMA & STRESSOR RELATED DISORDERS

- Identifying & managing treatment for PTSD
- Developing GP mental health treatment plans for PTSD
- Ongoing mental healthcare
- Identifying resources to safeguard patient safety
- Mental health interviews revision

## COURSE DELIVERY AND REQUIREMENTS

Each course is delivered online. The course is suitable for physicians only. No prior knowledge is assumed.



## CERTIFICATION

Upon successful completion of each course, you will receive a HealthCert certificate and accredited CPD hours. (Please refer to our website for details). These courses are recognised by the GPMHSC as part of the modular Mental Health Skills Training. Completing both the Core Module and the Clinical Attachment module qualifies doctors for MBS items 2715 and 2717 (or equivalent item numbers for non-VR GPs), and the modules are recognised for RPL towards the Professional Certificate of Mental Health.

**SECURE YOUR PLACE AT [WWW.HEALTHCERT.COM/MHE](http://WWW.HEALTHCERT.COM/MHE)**