

## PROFESSIONAL DIPLOMA PROGRAM IN

# MUSCULOSKELETAL & SPORTS MEDICINE

**ONLINE + OPTIONAL WORKSHOP**



Delivered by experts in the field, the three-part Professional Diploma program in Musculoskeletal & Sports Medicine equips medical practitioners with the skills to diagnose and manage patients with musculoskeletal conditions and sports injuries in primary care.

As musculoskeletal conditions account for over 14 per cent of general practice encounters and are the third most common reason for presentation, these ailments represent a major part of everyday GP work. This course thus delivers tailored general practitioner training to address these conditions.

Helping you to meet patient demand and improve outcomes, the certificate courses will teach you how to diagnose joint and musculoskeletal pains and sports injuries – including weekend sportspeople and professional athletes – and identify their underlying causes, minimise risk for patients, and provide ongoing GP management of these conditions in primary care.

### Professional Certificate

- Musculoskeletal pain
- Rheumatoid arthritis
- Neck injuries in sport
- GP cases: acute musculoskeletal and sports
- Physical and biomechanical assessment of lower limb and gait problems
- Degenerative joint diseases
- Low back pain
- GP cases: recurrent musculoskeletal and sports injuries

**FULLY ONLINE OR  
WITH OPTIONAL  
PRACTICAL WORKSHOPS**

### Advanced Certificate

- Osteoporosis
- Gout
- Physical assessment and management of shoulder problems and sports injuries
- Elbow, wrist and hand problems
- Abdominal wall and groin problems
- Physical management for knee, ankle and foot problems and sports injuries
- Health and performance factors in Masters athletes
- GP cases: complex musculoskeletal problems

**FULLY ONLINE**

### Professional Diploma

- GP cases: the role of team doctor
- Nutrition for sport and musculoskeletal health
- High performance athletes and medicine
- Legal and illegal drugs in sport
- Children's health: sport and exercise
- Exercise is medicine
- GP cases: managing the weekend sportsperson
- Clinical case submissions

**FULLY ONLINE**



## PRESENTERS



Prof Peter Reaburn



A/Prof Norman Eizenberg



A/Prof Debbie Kors



Dr Huddy Fuller



Dr Anoop Jalota



Dr Sandra Krishnan



Dr Alice Lam



Dr David Pugh



Mr Ronnie Bateman



Mr Hubert Huynh

## COURSE DELIVERY

Each certificate course in the three-part pathway consists of eight online modules. The Professional Certificate also includes an optional accompanying practical workshop in which you can apply theory in practice and cement your knowledge through guided hands-on practical sessions in select locations.

## COURSE REQUIREMENTS

The program is suitable for medical doctors, International Medical Graduates, registered nurses, and degree-qualified health professionals. No prior knowledge or training in this field is assumed.

## THE COURSE INCLUDES

Pre-reading activities, an optional practical workshop with expert demonstrations and hands-on activities (Professional Certificate only), interactive live web tutorials and further readings, individual assessment tasks, and two online examinations.

## CERTIFICATION

Upon successful completion of the course, you will receive a HealthCert certificate and accredited CPD hours. Please refer to our website for details.



## WORKSHOP DATES AND LOCATIONS

Workshops available throughout the year in Sydney, Melbourne, and Brisbane. Please refer to our website for details.

**Dress code note:** As participants will practise procedures on one another throughout the fully immersive workshop, please wear a T-shirt and shorts.

## FEES AND PAYMENT OPTIONS

Fully online

**\$1495**

Online + practical workshop  
(Professional Certificate only)

**\$2990**

Bundle pricing available with purchases of two or more courses in a pathway. Further savings available for GP Registrars. Deferred payment options available.

**SECURE YOUR PLACE AT [WWW.HEALTHCERT.COM/MSM](http://WWW.HEALTHCERT.COM/MSM)**