

Topic	Page
Aesthetic Medicine	1
Chronic Disease & Conditions	2
Clinical Procedures	3
Domestic Abuse & Violence	3
Dermoscopy	4
General Dermatology	6
Geriatric Medicine	7
Mental Health	7
Medical Nutrition Management	8
Medicinal Cannabis	9
Men's Health	10
Musculoskeletal & Sports Medicine	11
Skin Cancer Medicine	12
Skin Cancer Surgery	13
Women's Health	14
Respiratory Conditions & Infections	15
Additional Outcome Measurement Activities	15
Clinical Audits	17
Plan-Do-Study-Act Activities	18

## **Aesthetic Medicine**

	CPD Hours				
Activity Name	Education Activity	Performance Review	Outcome Measurement	Activity Code	Part of Certificate
Introduction to aesthetic medicine	5.5	5	0	P1AST	Prof Cert Aesthetic Medicine
Office based aesthetic treatments	6	5	0	P2AST	Prof Cert Aesthetic Medicine
Introduction to chemical peels	4.5	5	0	P3AST	Prof Cert Aesthetic Medicine
Introduction to lasers	5	5	0	P4AST	Prof Cert Aesthetic Medicine
Facial anatomy and planning safe treatments	7	5	0	P5AST	Prof Cert Aesthetic Medicine
Introduction to Botulinum toxin	6	5	0	P6AST	Prof Cert Aesthetic Medicine
Introduction to dermal fillers and filler rheology	4	5	0	P7AST	Prof Cert Aesthetic Medicine
Introduction to dermal filler techniques	5	5	0	P8AST	Prof Cert Aesthetic Medicine
Skin ageing principles	4.5	5	0	A1AST	Adv Cert Aesthetic Medicine
Complications including relevant anatomy	4.5	5	0	A2AST	Adv Cert Aesthetic Medicine
Advanced chemical peels and cosmeceuticals	4	5	0	A3AST	Adv Cert Aesthetic Medicine
Advanced Botulinum toxin and hyperhidrosis	4.5	5	0	A4AST	Adv Cert Aesthetic Medicine
Advanced dermal fillers	5.5	5	0	A5AST	Adv Cert Aesthetic Medicine
Lasers: Vascular conditions	5	5	0	A6AST	Adv Cert Aesthetic Medicine
Lasers: Pigment conditions	4	5	0	A7AST	Adv Cert Aesthetic Medicine
Lasers: Tattoo and hair removal	5.5	5	0	A8AST	Adv Cert Aesthetic Medicine
Dermal fillers, biostimulators and complex applications	4	5	0	D1AST	Prof Dip Aesthetic Medicine
Introduction to facial thread lift procedures	4.5	5	0	D2AST	Prof Dip Aesthetic Medicine
Laser use: Pigment melasma and resurfacing	4.5	5	0	D3AST	Prof Dip Aesthetic Medicine
Non-aesthetic use of lasers	4	5	0	D4AST	Prof Dip Aesthetic Medicine
Ultrasound and radio frequency treatment	4	5	0	D5AST	Prof Dip Aesthetic Medicine
Common modalities for non-surgical body shaping	4	5	0	D6AST	Prof Dip Aesthetic Medicine
Acne and rosacea	4.5	5	0	D7AST	Prof Dip Aesthetic Medicine
Complex cases	4.5	5	0	D8AST	Prof Dip Aesthetic Medicine
Clinical Audit of Aesthetic Medicine: Botulinum toxin	0	2	19.5	PDAST- ACA-	Prof Dip Aesthetic Medicine
Clinical Audit of Aesthetic Medicine: Dermal fillers	0	2	19.5	STAGE2	Prof Dip Aesthetic Medicine



## **Chronic Disease & Conditions**

	CPD Hours				
Activity Name	Education Activity	Performance Review	Outcome Measurement	Activity Code	Part of Certificate
Communication skills in general practice	5.5	6	0	P1CDC	Prof Cert Chronic Disease
Congestive cardiac failure	4.5	6	0	P2CDC	Prof Cert Chronic Disease
Chronic Obstructive Pulmonary Disease (COPD)	4.5	6	0	P3CDC	Prof Cert Chronic Disease
Diabetes mellitus	4.5	6	0	P4CDC	Prof Cert Chronic Disease
Gastrointestinal complaints	5.5	6	0	P5CDC	Prof Cert Chronic Disease
Chronic kidney disease	4	6	0	P6CDC	Prof Cert Chronic Disease
Osteoarthritis	4	6	0	P7CDC	Prof Cert Chronic Disease
Managing the provision of chronic health care	4	6	0	P8CDC	Prof Cert Chronic Disease
Hypertension	4.5	6	0	A1CDC	Adv Cert Chronic Disease
Hepatitis A, B and C	4.5	6	0	A2CDC	Adv Cert Chronic Disease
Coronary artery disease	4.5	6	0	A3CDC	Adv Cert Chronic Disease
Tobacco related conditions	4	6	0	A4CDC	Adv Cert Chronic Disease
Polycystic Ovarian Syndrome	4.5	6	0	S2WOM	Adv Cert Chronic Disease
Prostate conditions	4	6	0	S1MEN	Adv Cert Chronic Disease
Prostate cancer	3.5	6	0	S2MEN	Adv Cert Chronic Disease
Obesity and overweight management	4	6	0	A7WOM	Adv Cert Chronic Disease
Cardiovascular health and weight control in men	5.5	6	0	A6MEN	Adv Cert Chronic Disease
Asthma	4	6	0	F1RCI	Prof Dip Chronic Disease
Inflammatory arthritis	5.5	6	0	D1MSM	Prof Dip Chronic Disease
Papulosquamous disorders: Psoriasis, lichen planus & pityriasis rosea	4	6	0	P3DTL	Prof Dip Chronic Disease
Managing long-term childhood conditions in general practice	4.5	6	0	D6CDC	Prof Dip Chronic Disease
Atrial fibrillation	4	6	0	D7CDC	Prof Dip Chronic Disease
Thyroid conditions	5	6	0	D1CDC	Prof Dip Chronic Disease
Osteoporosis	4	6	0	P4GEM	Prof Dip Chronic Disease
Unexplained symptoms: Symptoms with no firm diagnosis	5	6	0	D2MSM	Prof Dip Chronic Disease
Clinical Audit of Chronic Disease and Conditions: Cardiovascular Disease	0	2	19.5	PDCDC- ACA-	Prof Dip Chronic Disease
Clinical Audit of Chronic Disease and Conditions: Type 2 Diabetes Mellitus	0	2	19.5	STAGE2	Prof Dip Chronic Disease



#### **Clinical Procedures**

	CPD Hours				
Activity Name	Education Activity	Performance Review	Outcome Measurement	Activity Code	Part of Certificate
Principles of wound healing and managing small procedures in general practice	4.5	5	0	P1CPP	Prof Cert Clinical Procedures
Closing the wound	4	5	0	P2CPP	Prof Cert Clinical Procedures
Lacerations and wounds	4	5	0	P3CPP	Prof Cert Clinical Procedures
Foreign bodies and healing by second intention	3.5	5	0	P4CPP	Prof Cert Clinical Procedures
Ingrown toenails	5	5	0	P5CPP	Prof Cert Clinical Procedures
Lumps and bumps	3.5	5	0	P6CPP	Prof Cert Clinical Procedures
Diagnosis and management of anal rectal conditions	4	5	0	P7CPP	Prof Cert Clinical Procedures
Managing infected lesions	4	5	0	P8CPP	Prof Cert Clinical Procedures
Advanced Workshop of Non-Scalpel Vasectomy	3	6.5	0	AWVAS	Adv Workshop Non-Scalpel Vasectomy
Advanced Workshop of Intrauterine Systems	4	5.5	0	AWIUS	Adv Workshop Intrauterine Systems

## **Domestic Abuse & Violence**

	CPD Hours				
Activity Name	Education Activity	Performance Review	Outcome Measurement	Activity Code	Part of Certificate
Child physical abuse and neglect	4	6	0	F1DAV	Found Cert Domestic Abuse
Child sexual abuse	4	6	0	F2DAV	Found Cert Domestic Abuse
Elder abuse	4	6	0	F4DAV	Found Cert Domestic Abuse



## Dermoscopy

		CPD Hours			
Activity Name	Education Activity	Performance Review	Outcome Measurement	Activity Code	Part of Certificate
Algorithms and the elephant approach	4	6	0	P1DER	Prof Cert Dermoscopy
The Chaos and Clues method	4.5	6	0	P2DER	Prof Cert Dermoscopy
Benign non-melanocytic lesions commonly seen in the practice	3.5	5.5	0	P3DER	Prof Cert Dermoscopy
Malignant non-melanocytic lesions commonly seen in the practice	4	6.5	0	P4DER	Prof Cert Dermoscopy
Melanocytic naevi	4	5.5	0	P5DER	Prof Cert Dermoscopy
Facial lesions	4.5	6.5	0	P6DER	Prof Cert Dermoscopy
Acral lesions	3.5	6	0	P7DER	Prof Cert Dermoscopy
Melanoma	4.5	6	0	P8DER	Prof Cert Dermoscopy
Pink tumours	4	6	0	A1DER	Adv Cert Dermoscopy
Mucosal lesions	4	6	0	A2DER	Adv Cert Dermoscopy
Difficult benign lesions including naevi with special features	4	6	0	A3DER	Adv Cert Dermoscopy
Nail lesions	4	6	0	A4DER	Adv Cert Dermoscopy
Rare skin tumours	4	6	0	A5DER	Adv Cert Dermoscopy
The broad spectrum of BCC and keratinocyte skin cancer	4	6	0	A6DER	Adv Cert Dermoscopy
Difficult melanomas	4	6	0	A7DER	Adv Cert Dermoscopy
Dermoscopy in general dermatology	4	6	0	A8DER	Adv Cert Dermoscopy
Dermoscopy for screening children	4	6	0	D1DER	Prof Dip Dermoscopy
Dermoscopy for screening young adults	4	6	0	D2DER	Prof Dip Dermoscopy
Dermoscopy for screening older patients	4	6	0	D3DER	Prof Dip Dermoscopy
Lesions in different skin types	4	6	0	D4DER	Prof Dip Dermoscopy
Types of lesions - Flat/nodular, pigmented/non-pigmented	4	6	0	D5DER	Prof Dip Dermoscopy
Management of patients with multiple moles	4	6	0	D6DER	Prof Dip Dermoscopy
Dermoscopy for the management of non-melanoma skin cancer	4	6	0	D7DER	Prof Dip Dermoscopy
Management rules to detect melanoma	4	6	0	D8DER	Prof Dip Dermoscopy
Clinical Audit of Dermoscopy	0	2	31	PDDER- ACA- STAGE2	Prof Dip Dermoscopy



Basic principles of applying dermoscopy in general dermatology	4.5	6	0	A1DFD	Med Cert + Adv Cert Dermoscopy for Dermatology
Common inflammatory dermatoses of the face and trunk	4	6	0	A2DFD	Med Cert + Adv Cert  Dermoscopy for  Dermatology
Disorders of pigmentation, infiltrative dermatoses and uncommon skin diseases	4	6	0	A3DFD	Adv Cert Dermoscopy for Dermatology
Viral, bacterial, fungal and parasitic infections	3.5	6	0	A4DFD	Adv Cert Dermoscopy for Dermatology
Basic principles of trichoscopy	3.5	6	0	A5DFD	Med Cert + Adv Cert  Dermoscopy for  Dermatology
Trichoscopy of common alopecias	3.5	6	0	A6DFD	Adv Cert Dermoscopy for Dermatology
Dermatoscopy of inflammatory and infectious diseases of the nails	4	6	0	A7DFD	Adv Cert Dermoscopy for Dermatology
Dermatoscopy in skin of colour	4.5	6	0	A8DFD	Med Cert + Adv Cert  Dermoscopy for  Dermatology
Introduction to dermatopathology correlation cases	5	6	0	A1HFD	Adv Cert Histopathology for Dermoscopy
Non-melanocytic lesions part 1 - Correlation cases	4	6	0	A2HFD	Adv Cert Histopathology for Dermoscopy
Non-melanocytic lesions part 2	4	6	0	A3HFD	Adv Cert Histopathology for Dermoscopy
Virtual slides dysplastic naevus: Fact and fiction	4	6	0	A4HFD	Adv Cert Histopathology for Dermoscopy
Specimen processing: Does the type of biopsy make a difference? Correlation cases	4.5	6	0	A5HFD	Adv Cert Histopathology for Dermoscopy
Histopathology of melanocytic lesions part 1	4	6	0	A6HFD	Adv Cert Histopathology for Dermoscopy
Histopathology of melanocytic lesions part 2	4	6	0	A7HFD	Adv Cert Histopathology for Dermoscopy
Correlation cases conclusion and open forum	4	6	0	A8HFD	Adv Cert Histopathology for Dermoscopy



# **General Dermatology**

	CPD Hours				
Activity Name	Education Activity	Performance Review	Outcome Measurement	Activity Code	Part of Certificate
Common benign conditions, pigmentary conditions and cutaneous infections	4.5	6	0	P1DTL	Prof Cert General Dermatology
Facial rashes, systematic diseases and fungal infections	4.5	6	0	P2DTL	Prof Cert General Dermatology
Papulosquamous disorders	4	6	0	P3DTL	Prof Cert General Dermatology
Atopic dermatitis and acne 1	3.5	6	0	P4DTL	Prof Cert General Dermatology
Dermatopathology	4.5	6	0	P5DTL	Prof Cert General Dermatology
Nail disorders and hair loss	4	6	0	P6DTL	Prof Cert General Dermatology
Paediatric topics, follicular disorders and blistering disorders	4.5	6	0	P7DTL	Prof Cert General Dermatology
Dermatology cases	4	6	0	P8DTL	Prof Cert General Dermatology
Dermatological emergencies, vitiligo treatments and infestations	4.5	6	0	A1DTL	Adv Cert General Dermatology
Treatment of dermatomyositis and sarcoidosis	4	6	0	A2DTL	Adv Cert General Dermatology
Systemic treatment options for psoriasis and lichen planus	4	6	0	A3DTL	Adv Cert General Dermatology
Atopic dermatitis and acne 2	4	6	0	A4DTL	Adv Cert General Dermatology
Patch testing and contact dermatitis & cutaneous lymphomas	4	6	0	A5DTL	Adv Cert General Dermatology
Rare nail disorders and cicatricial alopecia	4	6	0	A6DTL	Adv Cert General Dermatology
Hidradenitis suppurativa diagnosis and treatment	4	6	0	A7DTL	Adv Cert General Dermatology
More challenging general dermatology cases	0.5	7	0	A8DTL	Adv Cert General Dermatology
Bites: Animals, snakes and insects	4	6	0	D1DTL	Prof Dip General Dermatology
Skin ulcers, pressure sores and wound care	4	6	0	D2DTL	Prof Dip General Dermatology
Pregnancy dermatoses	3.5	6	0	D3DTL	Prof Dip General Dermatology
Oral mucosal diseases	4	6	0	D4DTL	Prof Dip General Dermatology
Urticaria and drug eruptions	4.5	6	0	D5DTL	Prof Dip General Dermatology
Nutritional dermatoses and delusions of parasitosis	4	6	0	D6DTL	Prof Dip General Dermatology
Sexually transmitted infections and HIV	4.5	6	0	D7DTL	Prof Dip General Dermatology
Vulvar skin diseases	3.5	6	0	D8DTL	Prof Dip General Dermatology
Clinical Audit of General Dermatology: Psoriasis	0	2	19.5	PDDTL- ACA-	Prof Dip General Dermatology
Clinical Audit of General Dermatology: Acne	0	2	19.5	STAGE2	Prof Dip General Dermatology



#### **Geriatric Medicine**

	CPD Hours				
Activity Name	Education Activity	Performance Review	Outcome Measurement	Activity Code	Part of Certificate
Diagnosing dementia	5	6	0	P1GEM	Prof Cert Geriatric Medicine
Falls in the elderly	4	6	0	P2GEM	Prof Cert Geriatric Medicine
Polypharmacy and how to manage it	4	6	0	P3GEM	Prof Cert Geriatric Medicine
Osteoporosis	4	6	0	P4GEM	Prof Cert Geriatric Medicine
Palliative care – the essentials	5	6	0	P5GEM	Prof Cert Geriatric Medicine
Depression in the elderly	6	6	0	P6GEM	Prof Cert Geriatric Medicine
Nutrition in the elderly	4	6	0	P7GEM	Prof Cert Geriatric Medicine
Aged care services and residential aged care	5	6	0	P8GEM	Prof Cert Geriatric Medicine

## **Mental Health**

	CPD Hours				
Activity Name	Education Activity	Performance Review	Outcome Measurement	Activity Code	Part of Certificate
Detection, assessment & review of mental health issues	6.5	6	0	P1MHE	Prof Cert Mental Health + Mental Health Core Module
Depression (general)	5.5	6	0	P2MHE	Prof Cert Mental Health
Anxiety	5	6	0	РЗМНЕ	Prof Cert Mental Health
Bipolar disorder	6	6	0	P4MHE	Prof Cert Mental Health
Post traumatic stress syndrome	6	6.5	0	Р6МНЕ	Prof Cert Mental Health + Clinical Enhancement Module
Depression in the elderly	6	6	0	P6GEM	Prof Cert Mental Health
Domestic abuse	3.5	6	0	P8W0M	Prof Cert Mental Health



# **Medical Nutrition Management**

		CPD Hours			
Activity Name	Education Activity	Performance Review	Outcome Measurement	Activity Code	Part of Certificate
Understanding dietary guidelines and how they guide treatment	4	6	0	P1NUT	Prof Cert Medical Nutrition
Dietary approaches for management of chronic disease inc. Mediterranean, MIND, vegetarian, high protein, low GI	4.5	6	0	P2NUT	Primary Cert + Prof Cert Medical Nutrition
Busting myths / fads: superfoods, paleo, organics and other popular diets	4.5	6	0	P3NUT	Prof Cert Medical Nutrition
Vitamins and minerals: When are supplements necessary?	4	6	0	P4NUT	Prof Cert Medical Nutrition
Nutrition in gastrointestinal health	4.5	6	0	P5NUT	Prof Cert Medical Nutrition
Malnutrition in older adults: Identifying / managing nutritional risk	4	6	0	P6NUT	Prof Cert Medical Nutrition
Talking with patients about weight loss and weight management approaches	4.5	6	0	P7NUT	Prof Cert Medical Nutrition
Bariatric care: Complete nutritional guide for pre/post- surgical patient care	4.5	6	0	P8NUT	Prof Cert Medical Nutrition
Pregnancy: Complete nutrition guide for fertility, pregnancy and lactation	4.5	6	0	A1NUT	Adv Cert Medical Nutrition
The non-diet approach - Making the shift to weight-inclusive health care	4.5	6	0	A2NUT	Adv Cert Medical Nutrition
Metabolic syndrome and insulin resistance	4	6	0	A3NUT	Adv Cert Medical Nutrition
Are carbs the enemy? Understanding the nutritional needs of patients with diabetes	4	6	0	A4NUT	Primary Cert + Adv Cert Medical Nutrition
Latest trends in cardiovascular nutrition	5	6	0	A5NUT	Primary Cert + Adv Cert Medical Nutrition
The gut microbiome: Prebiotic and probiotic treatments	4.5	6	0	A6NUT	Adv Cert Medical Nutrition
Nutrition management in cancer	4.5	6	0	A7NUT	Adv Cert Medical Nutrition
Sports nutrition for high performance	4.5	6	0	A8NUT	Adv Cert Medical Nutrition
Diet and depression	4.5	6	0	D1NUT	Prof Dip Medical Nutrition
Eating disorders	4.5	6	0	D2NUT	Prof Dip Medical Nutrition
Nutrition in chronic kidney disease	4.5	6	0	D3NUT	Prof Dip Medical Nutrition
Childhood nutrition	4	6	0	D4NUT	Prof Dip Medical Nutrition
Advanced sports nutrition	5	6	0	D5NUT	Prof Dip Medical Nutrition
Motivational interviewing for behaviour change	4.5	6	0	D6NUT	Prof Dip Medical Nutrition
Ageing, medication and nutritional management	4.5	6	0	D7NUT	Prof Dip Medical Nutrition
Food allergies and intolerances	4.5	6	0	D8NUT	Prof Dip Medical Nutrition



## **Medicinal Cannabis**

	CPD Hours				
Activity Name	Education Activity	Performance Review	Outcome Measurement	Activity Code	Part of Certificate
History of cannabis and medical acceptance	4	5	0	P1CBD	Prof Cert Medicinal Cannabis
Introduction to the endocannabinoid system	4	5	0	P2CBD	Prof Cert Medicinal Cannabis
Exploring THC and CBD	4	5	0	P3CBD	Prof Cert Medicinal Cannabis
Medicinal cannabis: routes of administration, side effects and contra indications	4	6	0	P4CBD	Prof Cert Medicinal Cannabis
Medicinal cannabis: patient cases and basic ailments	4.5	6	0	P5CBD	Prof Cert Medicinal Cannabis
Chronic pain and medicinal cannabis	4	6	0	P6CBD	Prof Cert Medicinal Cannabis
Anxiety, insomnia, and depression	4	6	0	P7CBD	Prof Cert Medicinal Cannabis
Cancer: symptomatic treatment	4	6	0	P8CBD	Prof Cert Medicinal Cannabis
Multiple sclerosis, spasticity, tremor, dystonia	4.5	6	0	A1CBD	Adv Cert Medicinal Cannabis
Treatment resistant pain, neuropathic pain, cluster headaches and migraines	4.5	6	0	A2CBD	Adv Cert Medicinal Cannabis
Auto immune disorders and inflammatory conditions	4	6	0	A3CBD	Adv Cert Medicinal Cannabis
IBD: Crohn's disease and ulcerative colitis	4.5	6	0	A4CBD	Adv Cert Medicinal Cannabis
ASD - autism, ADHD, OCD, Tourette's	4	6	0	A5CBD	Adv Cert Medicinal Cannabis
Diabetes, glaucoma, hypertension	4	6	0	A6CBD	Adv Cert Medicinal Cannabis
Women's health and endometriosis, PMT, osteoporosis	4	6	0	A7CBD	Adv Cert Medicinal Cannabis
COPD, asthma, eczema, psoriasis, skin conditions	4.5	6	0	A8CBD	Adv Cert Medicinal Cannabis
Geriatric and palliative medicine	4.5	6	0	D1CBD	Prof Dip Medicinal Cannabis
Medicinal cannabis: epilepsy – adult and child	4.5	6	0	D2CBD	Prof Dip Medicinal Cannabis
Medicinal cannabis: PTSD - treatment in clinical practice	4	6	0	D3CBD	Prof Dip Medicinal Cannabis
Medicinal cannabis: advanced mental health	4	6	0	D4CBD	Prof Dip Medicinal Cannabis
Cancer: a curative approach – where to beyond symptom relief	4	6	0	D5CBD	Prof Dip Medicinal Cannabis
Complex chronic disease	4.5	6	0	D6CBD	Prof Dip Medicinal Cannabis
Endocannabinoid support – maximising ECS efficiency	4.5	6	0	D7CBD	Prof Dip Medicinal Cannabis
Treatment resistant patients and patients with high cannabinoid needs	4	6	0	D8CBD	Prof Dip Medicinal Cannabis
Clinical Audit of Medicinal Cannabis: Chronic pain	0	2	19.5	PDCBD- ACA-	Prof Dip Medicinal Cannabis
Clinical Audit of Medicinal Cannabis: Neurological Disorders	0	2	19.5	STAGE2	Prof Dip Medicinal Cannabis



## Men's Health

	CPD Hours				
Activity Name	Education Activity	Performance Review	Outcome Measurement	Activity Code	Part of Certificate
Prostate conditions and prostate check	4	6	0	S1MEN	Primary Cert Sexual Health for Men + Prof Cert Men's Health
Prostate cancer	3.5	6	0	S2MEN	Prof Cert Men's Health
STIs in men	4	6	0	S3MEN	Prof Cert Men's Health
GP cases: Lifestyle choices	4.5	6	0	S4MEN	Prof Cert Men's Health
Male sexual dysfunction	4	6	0	P5MEN	Primary Cert Sexual Health for Men + Prof Cert Men's Health
Depression in men	3.5	6	0	P6MEN	Prof Cert Men's Health
Fitness – exercise in older men	5	6	0	P7MEN	Prof Cert Men's Health
Male anatomy and clinical problems 1	5	6	0	P8MEN	Prof Cert Men's Health
Penile conditions & male fertility check	4	6	0	A1MEN	Adv Cert Men's Health
Testicular cancer and male breast cancer	3.5	6	0	A2MEN	Adv Cert Men's Health
Male hair loss and genital inflammatory dermatoses	4	6	0	A3MEN	Adv Cert Men's Health
Androgen deficiency	4	6	0	A4MEN	Primary Cert Sexual Health for Men + Adv Cert Men's Health
Dementia in men	4	6	0	A5MEN	Adv Cert Men's Health
Cardiovascular health and weight control in men	5.5	6	0	A6MEN	Adv Cert Men's Health
Male anatomy and clinical problems 2	5	6	0	A7MEN	Adv Cert Men's Health
GP cases in men's health	4.5	6	0	A8MEN	Adv Cert Men's Health
Congestive cardiac failure	4.5	6	0	P2CDC	Prof Dip Men's Health
Obstructive sleep apnoea	4	6	0	D2MEN	Prof Dip Men's Health
Peripheral arterial disease	4	6	0	D3MEN	Prof Dip Men's Health
Managing male patients with HIV	4	6	0	D4MEN	Prof Dip Men's Health
Gout	4.5	6	0	A2MSM	Prof Dip Men's Health
Tobacco related conditions	4	6	0	A4CDC	Prof Dip Men's Health
Recurrent musculoskeletal and sports injuries	5	6	0	P8MSM	Prof Dip Men's Health
Men's cases: Smoking, gout, PVD and CCF	4.5	6	0	D8MEN	Prof Dip Men's Health
Clinical Audit of Men's Health: Prostate conditions	0	2	19.5	PDMEN- ACA-	Prof Dip Men's Health
Clinical Audit of Men's Health: Wellbeing and lifestyle choices	0	2	19.5	STAGE2	Prof Dip Men's Health



# Musculoskeletal & Sports Medicine

	CPD Hours				
Activity Name	Education Activity	Performance Review	Outcome Measurement	Activity Code	Part of Certificate
Musculoskeletal pain	4.5	6	0	P1MSM	Prof Cert Musculoskeletal Med
Rheumatoid arthritis	4	6	0	P2MSM	Prof Cert Musculoskeletal Med
Neck injuries in sport	3.5	6	0	P3MSM	Prof Cert Musculoskeletal Med
GP Cases - Acute musculoskeletal and sports	5	6	0	P4MSM	Prof Cert Musculoskeletal Med
Physical / biomechanical assessment of lower limb & gait problems	7	6	0	P5MSM	Prof Cert Musculoskeletal Med
Degenerative joint diseases	4.5	6	0	P6MSM	Prof Cert Musculoskeletal Med
Low back pain	4	6	0	P7MSM	Prof Cert Musculoskeletal Med
GP Cases - Recurrent musculoskeletal and sports injuries	5	6	0	P8MSM	Prof Cert Musculoskeletal Med
Osteoporosis	4	6	0	P4GEM	Adv Cert Musculoskeletal Med
Gout	4.5	6	0	A2MSM	Adv Cert Musculoskeletal Med
Physical assessment / management: shoulder problems & sport injury	4.5	6	0	A3MSM	Adv Cert Musculoskeletal Med
Elbow, wrist and hand problems	4.5	6	0	A4MSM	Adv Cert Musculoskeletal Med
Abdominal wall and groin problems	4.5	6	0	A5MSM	Adv Cert Musculoskeletal Med
Physical management of knee, ankle, foot problems & sports injuries	4.5	6	0	A6MSM	Adv Cert Musculoskeletal Med
Health and performance factors in Masters Athlete	4.5	6	0	A7MSM	Adv Cert Musculoskeletal Med
GP Cases: Complex musculoskeletal problems	4.5	6	0	A8MSM	Adv Cert Musculoskeletal Med
Inflammatory arthritis	5.5	6	0	D1MSM	Prof Dip Musculoskeletal Med
Unexplained symptoms: Symptoms with no firm diagnosis	5	6	0	D2MSM	Prof Dip Musculoskeletal Med
Nutrition for sport and musculoskeletal health	4.5	6	0	D3MSM	Prof Dip Musculoskeletal Med
Children's health: Sport and exercise	5	6	0	D4MSM	Prof Dip Musculoskeletal Med
GP cases: Managing the weekend sportsperson	4.5	6	0	D5MSM	Prof Dip Musculoskeletal Med
The role of Sports Team Doctor	4.5	6	0	D6MSM	Prof Dip Musculoskeletal Med
High performance athletes and medicine	4.5	6	0	D7MSM	Prof Dip Musculoskeletal Med
Legal and illegal drugs in sport	4.5	6	0	D8MSM	Prof Dip Musculoskeletal Med
Clinical Audit of Musculoskeletal and Sports Medicine: Arthritis	0	2	19.5	PDMSM- ACA-	Prof Dip Musculoskeletal Med
Clinical Audit of Musculoskeletal and Sports Medicine: Sports Injuries	0	2	19.5	STAGE2	Prof Dip Musculoskeletal Med



## **Skin Cancer Medicine**

		CPD Hours			
Activity Name	Education Activity	Performance Review	Outcome Measurement	Activity Code	Part of Certificate
The foundations of skin cancer medicine	4	5	0	P1MED	Prof Cert Skin Cancer Medicine
An approach to pigmented skin lesions	4	5	0	P2MED	Prof Cert Skin Cancer Medicine
An approach non-pigmented skin lesions	4	5	0	P3MED	Prof Cert Skin Cancer Medicine
Dermatopathology	4	5	0	P4MED	Prof Cert Skin Cancer Medicine
Topical treatment and medico-legal issues	4	5	0	P5MED	Prof Cert Skin Cancer Medicine
Preparation for surgical treatment	3.5	5	0	P6MED	Prof Cert Skin Cancer Medicine
Excision and repair	3.5	5	0	P7MED	Prof Cert Skin Cancer Medicine
Medicare billing for skin cancer medicine	3.5	5	0	P8MED	Prof Cert Skin Cancer Medicine
Suturing and perfecting the ellipse	4.5	5	0	A1MED	Adv Cert Skin Cancer Medicine
Local anaesthesia	4.5	5	0	A2MED	Adv Cert Skin Cancer Medicine
Biopsy, haemostasis and halo grafting	4	5	0	A3MED	Adv Cert Skin Cancer Medicine
Curettage and cautery	4	5	0	A4MED	Adv Cert Skin Cancer Medicine
Ellipse planning	4	5	0	A5MED	Adv Cert Skin Cancer Medicine
The Chaos and Clues method	4.5	6	0	P2DER	Adv Cert Skin Cancer Medicine
The Big Three: BCC, SCC and melanoma	5	5	0	A7MED	Adv Cert Skin Cancer Medicine
Topical treatments and lesion-directed treatments	4	6	0	D1MED	Prof Dip Skin Cancer Medicine
Field treatments	4	6	0	D2MED	Prof Dip Skin Cancer Medicine
Management of special cases including immuno-suppressed patients	4.5	6	0	D3MED	Prof Dip Skin Cancer Medicine
Chemoprevention in skin cancer medicine	4	6	0	D4MED	Prof Dip Skin Cancer Medicine
Factors influencing the choice of treatment	4.5	6	0	D5MED	Prof Dip Skin Cancer Medicine
Cryosurgery and electrosurgery in skin cancer medicine	4.5	6	0	D6MED	Prof Dip Skin Cancer Medicine
Merkel cell carcinoma and rare/aggressive melanoma and non-melanoma skin cancers	4	6	0	D7MED	Prof Dip Skin Cancer Medicine
Skin imaging techniques	4.5	6	0	D8MED	Prof Dip Skin Cancer Medicine
Clinical Audit of Skin Cancer Medicine	0	2	31	PDMED- ACA- STAGE2	Prof Dip Skin Cancer Medicine



# **Skin Cancer Surgery**

	CPD Hours				
Activity Name	Education Activity	Performance Review	Outcome Measurement	Activity Code	Part of Certificate
Theory, anatomy and principles of skin cancer surgery	4.5	5	0	P1SSP	Prof Cert Skin Cancer Surgery
Suturing, perfecting the ellipse and local anaesthetic	5	5	0	P2SSP	Prof Cert Skin Cancer Surgery
Skin grafting and principles of flaps	3.5	5	0	P3SSP	Prof Cert Skin Cancer Surgery
Pivotal flaps (rotation flaps)	3.5	5	0	P4SSP	Prof Cert Skin Cancer Surgery
Rhomboid flaps 1	3.5	5	0	P5SSP	Prof Cert Skin Cancer Surgery
Advancement flaps	4	5	0	P6SSP	Prof Cert Skin Cancer Surgery
Wound care and managing complications	4	5	0	P7SSP	Prof Cert Skin Cancer Surgery
Case studies	0	7.5	0	P8SSP	Prof Cert Skin Cancer Surgery
Ellipses and suture techniques	4	5	0	A1SSP	Adv Cert Skin Cancer Surgery
Advancement flaps 2	4	5	0	A2SSP	Adv Cert Skin Cancer Surgery
Rotation flaps	4	5	0	A3SSP	Adv Cert Skin Cancer Surgery
Grafts	4	5	0	A4SSP	Adv Cert Skin Cancer Surgery
Rhomboid flaps 2	3.5	5	0	A5SSP	Adv Cert Skin Cancer Surgery
Banner flaps	3.5	5	0	A6SSP	Adv Cert Skin Cancer Surgery
Wedges of the ear	3.5	5	0	A7SSP	Adv Cert Skin Cancer Surgery
Tips and tricks	4	5	0	A8SSP	Adv Cert Skin Cancer Surgery
Bezier and keystone neurovascular island flaps	4.5	5	0	D1SSP	Prof Dip Skin Cancer Surgery
The bilobed flap	4	5	0	D2SSP	Prof Dip Skin Cancer Surgery
Banner and rhomboid flaps 3	3.5	5	0	D3SSP	Prof Dip Skin Cancer Surgery
V-Y flaps and variants	3.5	5	0	D4SSP	Prof Dip Skin Cancer Surgery
Lip wedges	3.5	5	0	D5SSP	Prof Dip Skin Cancer Surgery
Eyelids - Ellipses, flaps and grafts	3.5	5	0	D6SSP	Prof Dip Skin Cancer Surgery
Tips and tricks revisited	4	5	0	D7SSP	Prof Dip Skin Cancer Surgery
Clinical Audit of Skin Cancer Surgery	0	2	19.5	PDSSP-ACA- STAGE2	Prof Dip Skin Cancer Surgery



## Women's Health

	CPD Hours				
Activity Name	Education	Performance	Outcome	Activity	Part of Certificate
·	Activity	Review	Measurement	Code	
Sexually Transmitted Infections	5	6	0	S1W0M	Prof Cert Women's Health
Polycystic Ovarian Syndrome	4.5	6	0	S2WOM	Prof Cert Women's Health
Pregnancy 1	4	6	0	S3W0M	Prof Cert Women's Health
Menopause	4	6	0	S4WOM	Primary Cert Menopause + Prof Cert Women's Health
Menstrual irregularities	3.5	6	0	P5WOM	Prof Cert Women's Health
Women's health: Family planning 1	4	6	0	P6W0M	Prof Cert Women's Health
Breastfeeding	4.5	6	0	P7WOM	Prof Cert Women's Health
Domestic Abuse	3.5	6	0	P8W0M	Prof Cert Women's Health
Endometriosis	5	6	0	A1WOM	Adv Cert Women's Health
Women's Health - Sexual health	5	6	0	A2WOM	Adv Cert Women's Health
Women's health - Family planning 2	4.5	6	0	A3W0M	Adv Cert Women's Health
Women's Health - Infertility	5	6	0	A4WOM	Adv Cert Women's Health
Pregnancy complications	4	6	0	A5WOM	Adv Cert Women's Health
Breast problems	4.5	6	0	A6W0M	Adv Cert Women's Health
Obesity and weight management	4	6	0	A7WOM	Adv Cert Women's Health
Post-menopause health issues	4.5	6	0	A8WOM	Primary Cert Menopause + Adv Cert Women's Health
Vaginal prolapse and urinary incontinence	4.5	6	0	D1WOM	Prof Dip Women's Health
Complementary medicine in women's health	3.5	6	0	D2WOM	Prof Dip Women's Health
Women's health - family planning 3	4	6	0	D3WOM	Prof Dip Women's Health
Pregnancy complications (advanced 1)	4	6	0	D4WOM	Prof Dip Women's Health
Pregnancy complications (advanced 2)	4	6	0	D5WOM	Prof Dip Women's Health
Familial risk of breast and ovarian cancer	5	6	0	D6W0M	Prof Dip Women's Health
Anorexia Nervosa and Bulimia	4	6	0	D7WOM	Prof Dip Women's Health
Premature ovarian insufficiency	4	6	0	D8WOM	Primary Cert Menopause + Prof Dip Women's Health
Clinical Audit of Women's Health: Menopause and post- menopause	0	2	19.5	PDWOM- ACA-	Prof Dip Women's Health
Clinical Audit of Women's Health: Pregnancy and pregnancy complications	0	2	19.5	STAGE2	Prof Dip Women's Health



## **Respiratory Conditions & Infections**

		CPD Hours			
Activity Name	Education Activity	Performance Review	Outcome Measurement	Activity Code	Part of Certificate
Asthma	4	6	0	F1RCI	Found Cert Respiratory
Chronic Obstructive Pulmonary Disease (COPD)	4.5	6	0	P3CDC	Found Cert Respiratory
Sinusitis	4	6	0	F3RCI	Found Cert Respiratory
Upper Respiratory Tract Infection	4	6	0	F4RCI	Found Cert Respiratory

#### **Additional Outcome Measurement Activities**

Measure an outcome before and after your intervention, identify any modifications and reflect on your learning. For this CPD activity, HealthCert Education does not report to your college on your behalf because each GP's experience varies and therefore time taken varies. This is a self-submitted activity.

	CPD Hours		
Activity Name	Education Activity	Performance Review	Outcome Measurement
Test measurement: Recording test results before and after treatment.	0	0	Self-submitted activity
Pathology results: Checking your expected patient diagnosis with pathology results and correlating these. (e.g. Blood pressure results, movement range after cortisone injection treatment).	0	0	Self-submitted activity
<b>Practice meetings:</b> Participating in formal or informal practice meetings to discuss patient outcomes before and after treatment.	0	0	Self-submitted activity
<b>Peer review:</b> Peer review discussions where you discuss patient outcomes before and after treatment.	0	0	Self-submitted activity
<b>Practice accreditation:</b> Participating in practice accreditation where an expected practice outcome is measured against the actual outcome.	0	0	Self-submitted activity
<b>Project management:</b> Project management in your practice, obtaining starting point data before the project, undertaking the project and then evaluating outcomes of the project.	0	0	Self-submitted activity
<b>Student supervision:</b> Supervising medical students who complete ongoing evaluation scores of your teaching and supervision. You will measure your performance as you work with students.	0	0	Self-submitted activity
General practice (Pick your own topic): Develop your own template guide.	0	0	Self-submitted activity



Activity Name	Activity Code	Outcome Measurement CPD Hours
Undertaking a cosmetic consultation Outcome Improvement Activity	ACAST-ACA	8.5
Endometriosis Outcome Improvement Activity	ACCBD-ACA	8.5
Coronary Artery Disease Outcome Improvement Activity	ACCDC-ACA	8.5
Difficult to diagnose melanomas Outcome Improvement Activity	ACDER-ACA	8.5
Psoriasis Outcome Improvement Activity	ACDTL-ACA	8.5
Depression in the elderly Outcome Improvement Activity	ACGEM-ACA	8.5
Local anaesthesia Outcome Improvement Activity	ACMED-ACA	8.5
Penile conditions and male fertility check Outcome Improvement Activity	ACMEN-ACA	8.5
Gout Outcome Improvement Activity	ACMSM-ACA	8.5
Metabolic syndrome and insulin resistance Outcome Improvement Activity	ACNUT-ACA	8.5
Infertility Outcome Improvement Activity	ACSRH-ACA	8.5
Ellipses and suture techniques Outcome Improvement Activity	ACSSP-ACA	8.5
Pelvic pain Outcome Improvement Activity	ACWOM-ACA	8.5
Botulinum toxin injections Outcome Improvement Activity	PCAST-ACA	8.5
Medicinal cannabis and chronic pain Outcome Improvement Activity	PCCBD-ACA	8.5
Diabetes Outcome Improvement Activity	PCCDC-ACA	8.5
Infected lesions Outcome Improvement Activity	PCCPP-ACA	8.5
Acral lesions Outcome Improvement Activity	PCDER-ACA	8.5
Acne Outcome Improvement Activity	PCDTL-ACA	8.5
Osteoporosis Outcome Improvement Activity	PCGEM-ACA	8.5
Topical treatments Outcome Improvement Activity	PCMED-ACA	8.5
Prostate conditions and prostate check Outcome Improvement Activity	PCMEN-ACA	8.5
PTSD Outcome Improvement Activity	PCMHE-ACA	8.5
Low back pain Outcome Improvement Activity	PCMSM-ACA	8.5
Vitamins and minerals – when are supplements necessary Outcome Improvement Activity	PCNUT-ACA	8.5
Premature ovarian insufficiency Outcome Improvement Activity	PCSRH-ACA	8.5
Theory, anatomy and principles of surgery Outcome Improvement Activity	PCSSP-ACA	8.5
Sexually Transmitted Infections (STIs) Outcome Improvement Activity	PCWOM-ACA	8.5



#### **Clinical Audits**

Completion of any of the below Clinical Audits provides enough to meet the annual CPD requirements. All activities are self-submitted.

Activity Name	Topic	Activity Code
Acne clinical audit	General Dermatology	PCDTL-CA
Acral lesions clinical audit	Dermoscopy	PCDER-CA
Botulinum toxin injections clinical audit	Aesthetic Medicine	PCAST-CA
Chronic disease and conditions clinical audit	Chronic Disease	PCCDC-CA
Coronary artery disease clinical audit	Chronic Disease	ACCDC-CA
Depression in the elderly clinical audit	Geriatric Medicine	ACGEM-CA
Difficult to diagnose melanomas clinical audit	Dermoscopy	ACDER-CA
Ellipses and suture techniques clinical audit	Skin Cancer Surgery	ACSSP-CA
Endometriosis clinical audit	Medicinal Cannabis	ACCBD-CA
Gout clinical audit	Musculoskeletal & Sports Medicine	ACMSM-CA
Infected lesions clinical audit	Clinical Procedures	PCCPP-CA
Infertility clinical audit	Sexual & Reproductive Health	ACSRH-CA
Local anaesthesia clinical audit	Skin Cancer Medicine	ACMED-CA
Low back pain clinical audit	Musculoskeletal & Sports Medicine	PCMSM-CA
Medicinal cannabis and chronic pain clinical audit	Medicinal Cannabis	PCCBD-CA
Metabolic syndrome and insulin resistance clinical audit	Medical Nutrition	ACNUT-CA
Osteoporosis clinical audit	Geriatric Medicine	PCGEM-CA
Pelvic pain clinical audit	Women's Health	ACWOM-CA
Penile conditions and male fertility check clinical audit	Men's Health	ACMEN-CA
Premature ovarian insufficiency clinical audit	Sexual & Reproductive Health	PCSRH-CA
Prostate conditions and prostate check clinical audit	Men's Health	PCMEN-CA
Psoriasis clinical audit	General Dermatology	ACDTL-CA
PTSD clinical audit	Mental Health	PCMHE-CA
Sexually transmitted infections (STIs) clinical audit	Women's Health	PCWOM-CA
Theory, anatomy and principles of surgery clinical audit	Skin Cancer Surgery	PCSSP-CA
Topical treatments clinical audit	Skin Cancer Medicine	PCMED-CA
Undertaking a cosmetic consultation clinical audit	Aesthetic Medicine	ACAST-CA
Vitamins and minerals – when are supplements necessary? clinical audit	Medical Nutrition	PCNUT-CA



# Plan-Do-Study-Act (PDSA) Activities

			CPD Hours		
Activity Name	Topic	Activity Code	Education Activity	Performance Review	Outcome Measurement
Age appropriate men's health check-ups	Men's Health	MEN01-PDSA	0	0	Self-submitted: Est 10hrs
Chemical peels, dermal fillers or botulinum toxin	Aesthetic Medicine	AST01-PDSA	0	0	Self-submitted: Est 10hrs
Chronic kidney disease	Chronic Disease	CDC01-PDSA	0	0	Self-submitted: Est 10hrs
Depression, anxiety, PTSD or bipolar disorder	Mental Health	MHE01-PDSA	0	0	Self-submitted: Est 10hrs
Dermal fillers and botulinum toxin	Aesthetic Medicine	AST02-PDSA	0	0	Self-submitted: Est 10hrs
Diagnosing melanoma	Dermoscopy	DER01-PDSA	0	0	Self-submitted: Est 10hrs
Ellipse	Skin Cancer Medicine	MED01-PDSA	0	0	Self-submitted: Est 10hrs
Food diary	Geriatric Medicine	GEM01-PDSA	0	0	Self-submitted: Est 10hrs
Halo Flap	Skin Cancer Medicine	MED02-PDSA	0	0	Self-submitted: Est 10hrs
Headaches and migraines	Medicinal Cannabis	CBD02-PDSA	0	0	Self-submitted: Est 10hrs
Identifying Non-Alcoholic Fatty Liver Disease (NAFLD)	Men's Health	MEN02-PDSA	0	0	Self-submitted: Est 10hrs
Insomnia	Medicinal Cannabis	CBD01-PDSA	0	0	Self-submitted: Est 10hrs
Monitoring iron, vitamin B12 and vitamin D levels	Medical Nutrition	NUT01-PDSA	0	0	Self-submitted: Est 10hrs
Monitoring lipid levels	Geriatric Medicine	GEM02-PDSA	0	0	Self-submitted: Est 10hrs
Pivotal, rhombus or advancement flaps	Skin Cancer Surgery	SSP01-PDSA	0	0	Self-submitted: Est 10hrs
Renal function	Chronic Disease	CDC02-PDSA	0	0	Self-submitted: Est 10hrs
Rotation or banner flap technique	Skin Cancer Surgery	SSP02-PDSA	0	0	Self-submitted: Est 10hrs
Sexually transmitted infection (STI) screening	Women's Health	WOM02-PDSA	0	0	Self-submitted: Est 10hrs
Specific nutrition needs	Medical Nutrition	NUT02-PDSA	0	0	Self-submitted: Est 10hrs
"Teach Back" tool for acne or contact dermatitis	General Dermatology	DTL02-PDSA	0	0	Self-submitted: Est 10hrs
"Teach Back" tool for knee, elbow, hand, wrist, ankle or foot pain	Musculoskeletal & Sports Medicine	MSM02-PDSA	0	0	Self-submitted: Est 10hrs
"Teach Back" tool for neck / low back pain or rheumatoid arthritis	Musculoskeletal & Sports Medicine	MSM01-PDSA	0	0	Self-submitted: Est 10hrs
The diagnosis of skin rashes	General Dermatology	DTL01-PDSA	0	0	Self-submitted: Est 10hrs
Using dermoscopy for general dermatology conditions	Dermoscopy	DER02-PDSA	0	0	Self-submitted: Est 10hrs
Women's health check-ups that are age appropriate	Women's Health	WOM01-PDSA	0	0	Self-submitted: Est 10hrs
Pick your own topic			0	0	Self-submitted: Est 10hrs

